



Microwavable
VEGGIE CUPS
Now more convenient



PRODUCT SPECIFICATIONS

Pack	Product Name	Brite Item Code	Case Dimensions L x W x H (in.)	Ship Weight	Case Cube	Pallet	Unit Dimensions L x W x H (in.)
6/2/7 oz	Cut Green Beans	33063	13.57 x 10.10 x 3.29	6.4 lbs.	0.261	14x13 = 182	6.44 x 3.30 x 3.00
6/2/7 oz	Whole Kernel Sweet Corn	36083	13.57 x 10.10 x 3.29	6.4 lbs.	0.261	14x13 = 182	6.44 x 3.30 x 3.00
6/2/7 oz	Sweet Peas	42023	13.57 x 10.10 x 3.29	6.4 lbs.	0.261	14x13 = 182	6.44 x 3.30 x 3.00
6/2/7 oz	Diced Carrots	35023	13.57 x 10.10 x 3.29	6.4 lbs.	0.261	14x13 = 182	6.44 x 3.30 x 3.00
6/2/7 oz	Mixed Vegetables	38013	13.57 x 10.10 x 3.29	6.4 lbs.	0.261	14x13 = 182	6.44 x 3.30 x 3.00

CUT GREEN BEANS

Nutrition Facts

Serving size 1 cup

Amount per serving
Calories 20

% Daily Value*

Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 200mg	9%
Total Carbohydrate 4g	1%
Dietary Fiber 2g	7%
Total Sugars 1g	
Includes 0g Added Sugars	0%

Protein 1g

Vitamin D 0mcg 0%	Calcium 40mg 4%
Iron 1mg 6%	Potassium 90mg 2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 1,000 calories a day is used for general nutrition advice.

INGREDIENTS: WATER, GREEN BEANS, SEA SALT, ASCORBIC ACID (TO PROMOTE COLOR RETENTION).

WHOLE KERNEL CORN

Nutrition Facts

Serving size 1 cup

Amount per serving
Calories 70

% Daily Value*

Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 200mg	9%
Total Carbohydrate 13g	5%
Dietary Fiber 2g	7%
Total Sugars 4g	
Includes 0g Added Sugars	0%

Protein 1g

Vitamin D 0mcg 0%	Calcium 20mg 2%
Iron 0.3mg 2%	Potassium 150mg 4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 1,000 calories a day is used for general nutrition advice.

INGREDIENTS: CORN, WATER, SEA SALT, ASCORBIC ACID (TO PROMOTE COLOR RETENTION).

SWEET PEAS

Nutrition Facts

Serving size 1 cup

Amount per serving
Calories 80

% Daily Value*

Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 200mg	9%
Total Carbohydrate 14g	5%
Dietary Fiber 4g	14%
Total Sugars 6g	
Includes 2g Added Sugars	4%

Protein 4g

Vitamin D 0mcg 0%	Calcium 20mg 2%
Iron 1mg 6%	Potassium 180mg 4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 1,000 calories a day is used for general nutrition advice.

INGREDIENTS: PEAS, WATER, SUGAR, SEA SALT, ASCORBIC ACID (TO PROMOTE COLOR RETENTION).

DICED CARROTS

Nutrition Facts

Serving size 1 cup

Amount per serving
Calories 25

% Daily Value*

Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 200mg	9%
Total Carbohydrate 6g	2%
Dietary Fiber 2g	7%
Total Sugars 3g	
Includes 0g Added Sugars	0%

Protein 1g

Vitamin D 0mcg 0%	Calcium 40mg 4%
Iron 0.5mg 2%	Potassium 170mg 4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 1,000 calories a day is used for general nutrition advice.

INGREDIENTS: CARROTS, WATER, SEA SALT, ASCORBIC ACID (TO PROMOTE COLOR RETENTION).

MIXED VEGETABLES

Nutrition Facts

Serving size 1 cup

Amount per serving
Calories 40

% Daily Value*

Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 200mg	9%
Total Carbohydrate 8g	3%
Dietary Fiber 2g	7%
Total Sugars 2g	
Includes 0g Added Sugars	0%

Protein 1g

Vitamin D 0mcg 0%	Calcium 30mg 2%
Iron 0.8mg 4%	Potassium 170mg 4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 1,000 calories a day is used for general nutrition advice.

INGREDIENTS: VEGETABLES (CARROTS, POTATOES, CELERY, CORN, GREEN BEANS, PEAS, LIMA BEANS) WATER, SEA SALT, ASCORBIC ACID (TO PROMOTE COLOR RETENTION).



Microwave to heat or
eat at room temperature

